

## How to make an appointment

Call McLean at 658-3745 and ask for the **Driver Rehabilitation Program**. You will be sent forms to complete and return. A three hour appointment will be scheduled with you once those forms are returned to us. You are welcome to bring a family member or friend with you on the day of the appointment.

## Signs that you or a family member may need an assessment:

- Damage to the vehicle
- Traffic tickets
- Driving too slowly or too aggressively
- Getting lost routinely
- Anxious about how to get to regular places like church and the pharmacy
- Not paying attention to other vehicles
- Repeated comments from the driver's spouse or passengers about close calls
- Children not permitting grandchildren to ride in the car
- Failure to stay in the lane when turning or driving straight
- Inability to park
- Not driving due to suffering a major event and questioning if you can drive again

## McLean's Driver Rehabilitation Program is a member of:

The Association of Driver Rehabilitation Specialists (ADED)  
National Mobility Equipment Dealers Association (NMEDA)

*McLean does not discriminate in admission to its programs or in its employment practices on the basis of race, color, religion, creed, gender, national origin, age, disability, marital status, sexual orientation or any other legally protected status.*

McLean is a non-profit, charitable organization offering a unique continuum of services for healthy aging, and manages the McLean Game Refuge. Over 24 programs are offered:

Independent Living at The Village at McLean  
The Robinson Assisted Living  
Adult Day Program  
Post Acute Care  
Outpatient Rehabilitation  
Alzheimer's/Dementia Care  
Long Term Care  
Home Care & Hospice Agency  
Meals-on-Wheels  
Driver Rehabilitation Program  
Lifeline - Emergency Response  
Warm Water Therapeutic Pool  
Sorenson Adaptive Technology Center  
Healthy Living Wellness Program  
Breast Cancer Recovery in Motion  
Breathe Easy - COPD Program  
Living with Heart Failure  
Steady on Your Feet Balance Program  
Aquatic Therapy  
Support Groups  
McLean Game Refuge

McLean offers the flexibility of meeting your changing needs on an ongoing basis. Please call (860) 658-3700 for more information about McLean, or visit us on the web at [www.McLeanCare.org](http://www.McLeanCare.org)



75 Great Pond Road, Simsbury, CT 06070  
(860) 658-3700  
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## McLean Driver Rehabilitation Program



Assessment, skills and strategies to keep you safe

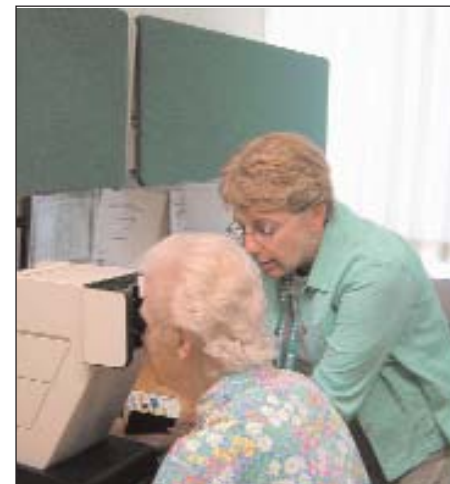
# McLean's Driver Rehabilitation Program

Driving a car is a vital part of American life. Because it is so closely tied to our independence, it is a privilege held dear by most adults.

The ability to continue to drive safely becomes a critical question for many older people. Sons and daughters do not wish to take away their mother's or father's independence, but they often wonder if it is truly safe for their elderly parent to drive. Some seniors themselves seek objective information to assist them in making driving decisions.

A licensed driver of any age who has become limited due to an accident, a stroke, or a disease may desire to be evaluated with regard to driving abilities in order to facilitate his or her goal of regaining independence.

McLean's Driver Rehabilitation program includes an assessment to determine if someone can drive safely and may include training when appropriate. Our occupational therapist (who is also a Certified Driver Rehabilitation Therapist-CDRS) conducts tests to screen vision, cognition, perception and physical abilities. A physician approval for the assessment is needed.



## Why should I be tested?

- If you have suffered a major medical event (stroke, injury to a leg or arm, a neurological disease), you need an assessment of your abilities—and possible rehabilitation to regain skills or adapt to new ways to drive safely.
- Assessment may identify a condition that could cause a problem in your driving and jeopardize your safety or the safety of others.

The assessment may result in referral to:

- Other health care professionals, such as vision specialists, physical therapists or occupational therapists.
- Adult Driver Improvement Programs
- Driver re-training
- Adaptive equipment/vehicle modification specialists
- Provision of Alternative Transportation Options



## What we can do for you . . .

There are *two* parts to the assessment. The first part is a pre-driving clinical assessment which will last about ninety minutes. It will measure your visual, cognitive, perceptual and motor skills. A vision screener and a computerized assessment are used, as well as assessments of range of motion, strength, coordination and functional skills. The second part is conducted **on the road** in the McLean vehicle with passenger side brake. You will drive in a variety of traffic situations with the therapist, who will evaluate your driving abilities and equipment needs based upon specific criteria. Hand controls, a left foot accelerator and steering devices are available as needed. The results and recommendations will be reviewed with you immediately and privately. You may choose to include your spouse or other family members in any or all of the portions of the assessment as well as the discussion of your results. A report will be sent only to your referring physician.