

# Senior Wisdom

## A Series to Help You Plan for the Retirement Lifestyle You've Always Dreamed Of

**FREE! Mondays 1-2:30 PM**

The Village at McLean, Burkholder Community Center, 100 Sarah Lane, Simsbury, CT  
(located behind the Health Center) **RSVP 860-658-3906**

### February 6 - Making Room For All Your Things When You Downsize - Miracles with Closets...

Stephanie Bonini, *Designer, California Closets*

With a few simple solutions, anyone can downsize with ease. Come learn her best tips for getting organized and maximizing your storage space during downsizing. This is the perfect time to make your new home efficient and clutter-free!



### February 13 - Planning to Have Your Assets Outlive You While Having a Great Retirement! Leigh King, CFP®, CLU® CERTIFIED FINANCIAL PLANNER™ practitioner, & Kevin Prell, Ameriprise Financial Advisors

Tired of stock market fluctuations impacting your retirement income? Then join us for a Retirement Income Summit to find ways to meet essential retirement expenses; guarantee lifetime income; and reach your retirement goals during economic volatility. Leigh and Kevin deliver financial solutions for today and tomorrow and explain how a comprehensive personalized financial planning approach, built on long-term relationships, can help you.



### February 27 - Art in Your New Home - how to use all of what you have in a totally new way... Phillip Janes, Owner of Arts Exclusive Galleries

Phillip Janes will present a truly inspiring workshop on how to have fun with all of your art in a smaller home. Residents of McLean will share how the process has worked for them.



### March 5 - Estate Planning as You Consider Moving to a Senior Community or Moving A Loved One to Assisted Living Sharon L. Pope, JD, Attorney At Law, The Law Offices of Sharon Pope & Paul T. Czepiga, JD, CPA, MBA, Attorney At Law, Czepiga Daly, LLC

Have you put your house in order? Have you asked yourself any of the following questions: Is my estate and financial plan in order? Do I have a valid power of attorney, recent health care directives, a will, and do I need a living trust? Are there any benefits which will help pay for my care? What will happen if I run out of money? Attend this session and get the answers to these questions from experienced Elder Law attorneys.



### March 12 - Downsizing and Divesting of Some Possessions - A Successful Process and Advice from an Appraiser

Nanna Schittina, *Vice President, One Full House* and Sean Mahoney, *The Kensington Company, Inc., Estate Liquidators and Appraisers*  
Nanna will give handy suggestions, including how you can do an armchair move. She and her husband founded One Full House to help seniors and their families downsize, so they can have assistance to move to retirement communities and assisted living facilities. Sean Mahoney, who established The Kensington Company in 1978, has been working with trust departments, trust attorneys, realtors and private clients in all aspects of personal property liquidation, and has 33 years of experience selling antiques, art, vintage and general household.



*Continuing Care Retirement Community  
and So Much More*

### March 19 - Snow Date

Visit [www.McLeanCare.org](http://www.McLeanCare.org)